

## Helplines

### Family Relationships Advice Line

The Family Relationships Advice Line is a national telephone service that assists families affected by relationship breakdowns or separation issues.

**P** 1800 050 321

### Northern Family & Domestic Violence Service (Berry Street)

Crisis intervention, information, referral and support as well as longer term case work support and counselling for women and children who live in Northern Metropolitan Region who have experienced or are experiencing family violence.

**P** 9450 4700 | **W** [berrystreet.org.au](http://berrystreet.org.au)

### Safe Steps Family Violence Response Centre

Safe Steps provide telephone crisis counselling, referral, support, and information for Victorian women and are also the central contact point for women's refuges in Victoria.

**P** 1800 015 188 (Free Call) | **W** [safesteps.org.au](http://safesteps.org.au)

### Victims Assistance Program

The Victims Assistance Program is delivered via Merri Health is a free counselling service offered to people who have experienced or witnessed violent crimes.

**P** 1300 362 739 | **W** [merrihealth.org.au](http://merrihealth.org.au)

### Victims of Crime Help Line

A support service for people who have been victim to a crime.

**P** 1800 819 817

**W** [victimsofcrime.vic.gov.au](http://victimsofcrime.vic.gov.au)

### Victorian Aboriginal Family Violence Prevention Legal Service

The Victorian Aboriginal Family Violence Prevention Legal Service provide assistance to Aboriginal & Torres Strait Islander victims/survivors of family and sexual assault. They provide free legal services in a number of areas including family law, intervention orders and more.

**P** 1800 105 303 (Free Call)

## Assistance For Sexual Assault

### Advice Line

Northern Centre Against Sexual Assault (CASA)  
Northern CASA is one of fifteen centres against sexual assault. It is in the northern metropolitan region of Melbourne covering local government areas of Banyule, Nillumbik, Darebin and Whittlesea. Northern CASA provides free therapeutic services to all over the age of 12 who have experienced sexual assault (both past and present) and for their non-offending family and friends.

**P** 9496 2369 (9am-5pm) | **P** 1800 806 292 (After Hrs)

**W** [austin.org.au/northerncasa](http://austin.org.au/northerncasa)

### Sexual Assault Crisis Line

A crisis phone line which offers crisis counselling, information, crisis support and referral.

**P** 1800 806 292 (Free call) | **W** [sacl.com.au](http://sacl.com.au)

### Kids First Australia

Kids First Australia offer a range of services, programs and resources including therapeutic trauma programs for children & young people who have been sexually abused, presenting with sexualised behaviours and who have sexually abusive behaviours. They also offer a range of community based programs for families. Please contact Kids First Australia for more information and referrals.

**P** 9450 0900 | **E** [info@kidsfirstaustralia.org.au](mailto:info@kidsfirstaustralia.org.au)

**W** [kidsfirstaustralia.org.au](http://kidsfirstaustralia.org.au)

### Contact Us

If you would like further information please contact us via:



**P** Youth Service, PO Box 94, Greensborough

**P** 3088 9457 9855 | **E** [banyuleyouth@banyule.vic.gov.au](mailto:banyuleyouth@banyule.vic.gov.au)

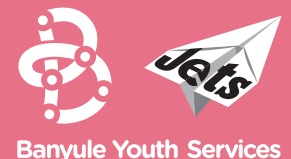
**W** [banyuleyouth.com](http://banyuleyouth.com) | **F** [facebook.com/banyuleyouth](https://facebook.com/banyuleyouth)

Banyule Youth Services have provided this information as a community service. Contact details were correct at time of printing. Banyule Youth Services does not specifically endorse these services nor take responsibility for incorrect information.



## Sexual Health & Respectful Relationships

Your guide to services for young people in Banyule



## Sexual Health & Family Planning

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### Advice Line

Sexual and reproductive health services for young people 25 and under.

**P** 1800 013 952

### Family Planning Victoria (FPV)

FPV focusses on health care, education and advocacy. They are a dedicated service that supports young people in making decisions about their sexual health and wellbeing that is right for them.

**P** 9660 4700 | **W** fpv.org.au

### Family Planning Victoria Action Centres

Action centres are a great place for young people to get information about contraception, sexuality, same sex attraction, unplanned pregnancy, STI testing, safer sex, sexual abuse and other sexual health issues. This centre has a drop in service with minimal (over 18) to no (under 18) costs for young people.

### Melbourne CBD Family Planning Victoria Action Centre for Young People (under 25)

**P** 9660 4700 or 1800 013 952 (Freecall)

### Relationships Australia – Victoria (RAV)

Relationships Australia Victoria is a provider of specialist family and relationship services. RAV offer services including counselling, family mediation as well as online resources and information.

**P** 1300 364 277 | **W** relationships victoria.com.au

### Family Planning Victoria Clinic Box Hill (all ages)

**P** 9257 0100 or 1800 013 952 (Freecall)

### Banyule Community Health Service (BCHS)

BCHS offers bulk bill services regarding STI's, sex and contraception at two locations. The service is staffed by community health nurses who can provide young people with information regarding family support, financial help and dental as well as being able to offer referrals to other services.

**P** 9450 2000 (Heidelberg)

**P** 9433 5111 (Greensborough) | **W** bchs.org.au

## Useful Websites & Apps

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### Daisy App

Daisy connects women who are experiencing or have experienced sexual assault, domestic and family violence to services in their state and local area. Daisy provides women with an easy way to find a wide range of services.

### iMatter App

iMatter is a free app that was developed to assist young women understand the signs of unhealthy relationships.

### The Line

instagram.com/theline\_au

### Bits and Bods

instagram.com/bitsbods | facebook.com/bitsbods

### Sex ect...

**W** sexetc.org

### Connected Space

**W** connectedspace.com.au

### Family Relationships

**W** familyrelationships.gov.au

### Relationships Australia

**W** relationships.org.au

## Respect Relationships

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### Berry Street

Berry Street are a welfare organisation who support young people and their families. They provide services and individual resources for those in crisis or violent situations in the northern suburbs as well as provide assistance to help strengthen relationships for families.

**P** 9450 4700 (Eaglemont Office)

**W** berrystreet.org.au

### Domestic Violence Resource Centre Victoria (DVRCV)

DVRCV is a state wide service that provide initial telephone support, information and referral for those who are experiencing or have experienced family violence.

**W** dvrcv.org.au | **P** 8346 5200 (Mon-Fri)

**P** after hours phone number:

1800 RESPECT (1800 737 732)

### What's Not OK at Home?

What's OK At Home helps you determine what is and isn't ok within a family. You can also find out what you can do if someone in your family is hurting another family member.

**W** woah.org.au

### The Line

The Line is a campaign that aims to assist young people with what is okay and not okay within relationships. They provide information and resources on a range of topics including gender, sex, relationships and more.

**W** theline.org.au

### ReachOut!

Reach Out! is an online service that helps young people who are going through a tough time. A wide range of information and support is available online.

**W** au.reachout.com

