

Information

Reach Out!

Reach Out assists young people to get through tough times and provide extensive online information and support on a range of issues.

W reachout.com.au

Victorian Government Drug Information Site

An informative website that has information about different drugs, treatment options as well as training and education.

W 2.health.vic.gov.au/alcohol-and-drugs

DrugInfo

DrugInfo offers information about alcohol and drugs as well as prevention of related harms.

W druginfo.adf.org.au

Save a Mate – Australian Red Cross

Save a mate aims to promote the health and wellbeing of young people through education, support and services on current issues especially those relating to mental health, alcohol & other drugs.

W redcross.org.au/about/how-we-help/save-a-mate



Alcohol & Other Drugs

Your guide to services for young people in Banyule



Contact Us

If you would like further information please contact us via:



📍 Youth Service, PO Box 94, Greensborough

☎ 3088 9457 9855 | ✉ banyuleyouth@banyule.vic.gov.au

🌐 banyuleyouth.com | 📘 facebook.com/banyuleyouth

Banyule Youth Services have provided this information as a community service. Contact details were correct at time of printing. Banyule Youth Services does not specifically endorse these services nor take responsibility for incorrect information.



Support Services

Direct Line

A free 24/7 confidential counselling, information and referral service for anyone in Victoria affected by an alcohol or drug issue.

P 1800 888 236 | **W** directline.org.au

Youth Projects – YNOT

Youth Northern Outreach Team (YNOT) are an outreach service that provide alcohol and drug treatment for 12 to 25 year olds.

P 1300 22 4636 | **W** youthprojects.org.au

Youth Support & Advocacy Service (YSAS)

YSAS is a state-wide service who offer a range of programs and services for young people aged 12 to 25 who are having significant issues relating to their drug and alcohol use. YSAS support young people as well as advocate to improve the health and well-being outcomes of at risk or high needs young people. Youth specific services include outreach, treatment, withdrawal, and rehabilitation and support programs at a range of locations around Melbourne.

P 1800 458 685 (Free Call Mon-Fri 9am-8pm)

Banyule Drug & Alcohol Service

Banyule Community Health provides drug & alcohol counselling, referral to a range of drug & alcohol withdrawal and rehabilitation programs and services. Services include specialist housing programs, harm minimisation advice as well as support groups for family and friends. Banyule Community Health have youth specific drug & alcohol workers available.

W bchs.org.au/services/alcohol-and-drug-support/

Banyule Community Health Centres:

West Heidelberg: **P** 9450 2000

21 Alamein Road, West Heidelberg, 3081

Greensborough: **P** 9433 5111

3/25-33 Grimshaw Street, Greensborough, 3088

Quitline

Quitline is a highly effective telephone and online coaching service that provide support and guidance for people working towards quitting smoking tobacco.

W quit.org.au

P 13 78 48 or request a call back

Uniting ReGen

Uniting ReGen are an alcohol & other drugs treatment agency. They offer services including counselling, support, education programs, assessment, home based & residential withdrawal, supported accommodation, drug diversion and youth & family services.

P 1800 700 514 (Intake Team) (Free Call)

P 1800 888 236 (24/7 counselling service)

W www.regen.org.au

Counselling Online

Through Counselling Online, you can talk to a professional about a drug or alcohol related concern. Counselling Online is free, confidential and available 24 hours.

P 1800 888 236 (DirectLine)

W counsellingonline.org.au

Drug & Alcohol Clinical

Advisory Service – (DACAS)

A free telephone consultancy service for health and welfare professionals.

P 1800 812 804 | **W** dacas.org.au

E dacasenquiries@turningpoint.org.au

Banyule Youth Services

Banyule Youth Services values, engages and empowers young people between the ages of 12-25 years who are living, going to school, working or socialising in the Banyule community. Banyule Youth Services offer information, activities, resources and support options for young people and their families.

Need help?

For more information please visit banyuleyouth.com or contact Banyule Youth Services on 9457 9855.

