



Banyule Youth Summit Report Card

The 2023 Banyule Youth Summit brought together 100 young people from across Banyule to discuss important community issues that matter to them.



Banyule Youth Summit Report Card

Every two years, Banyule Youth Services brings together young people who live, work or socialise in Banyule to discuss and debate their concerns about important community issues.

In 2023, young people covered a range of topics including, but not limited to, body image, cultural inclusion, mental health, climate action and gender equality.

Young people worked together to find solutions to these issues and presented their recommendations to community and government representatives present. Since then, Council Officers have been working to implement as many of the recommendations as possible within Council funding parameters and scope.

Council worked alongside young people to deliver the recommendations to ensure that youth voice was at the centre of what was delivered. Banyule Youth Services is delighted to share what has been achieved over the past twelve months as we continuously work with young people to improve our community.



Summit Outcomes



Body Image

- ▶ We delivered a parent workshop on body image to better equip parents to support their young people with body image concerns.
- ▶ Our body image workshop was redeveloped to highlight body neutrality and has been delivered in schools throughout the year. To spread the message, we also worked with young people to create an online campaign that challenged unrealistic expectations of body image.



Youth Voice

- ▶ Banyule Youth Services worked with the Victorian School Representative Council (VicSRC) to bring together 50 students for a day of training and networking. Young people engaged in training activities on how to represent student voices at their school and address school issues
- ▶ Over 1000 young people helped shape our Youth Action plan by telling us what matters to them in our Youth Survey.
- ▶ We formed a group of Youth Summit Representatives who have supported the delivery of key Summit outcomes and provided valuable youth perspectives on implementing our recommendations.



LGBTIQA+

- ▶ We created new resources and workshops to educate teachers, community groups and sporting clubs on how to better support and include LGBTIQA+ young people.
- ▶ We delivered more events for LGBTIQA+ young people including Shout! It Out, an all-ages live music event with LGBTIQA+ performers.
- ▶ We offered inclusive sporting opportunities for LGBTIQA+ young people in the school holidays.



A NURSE



**CHILDCARE
WORKER**



ALSO A NURSE



**CHILDCARE
WORKER**

Gender Equality

- ▶ We ran a social media campaign that challenged gender stereotypes and shared stories of gender equality in Banyule.
- ▶ Banyule Youth Services introduced a new Gender Equality school workshop to be delivered in schools throughout the year.



Healthy Masculinity

- ▶ We delivered workshops to parents and sporting clubs that promoted positive masculinity and how to support young men to lead happy and healthy lives.
- ▶ With the support of young people, we created a new wellbeing resource for young men about healthy masculinity and positive wellbeing.
- ▶ A series of social activities for young men were delivered during our school holiday programs that promoted positive mental and physical wellbeing.



Neurodiversity

- ▶ A neurodivergent reference group was formed for neurodiverse young people in order to create positive stories of neurodiversity to be shared on social media.
- ▶ We delivered professional development workshops on neurodiversity for youth workers and professionals so they can better support young people who are neurodivergent.



Disability Inclusion

- ▶ Activities delivered by the Youth Services team were designed to be inclusive for young people of all abilities. We hosted an all-abilities dance party to bring young people with disabilities together to have fun in an accessible and safe environment.
- ▶ A new quarterly newsletter was launched to promote opportunities for young people with disabilities for parents and community members.



Alcohol and Other Drugs

- ▶ Youth Projects attended our annual Youth Fest to deliver health promotion messaging about alcohol and other drugs.
- ▶ Our team painted multiple murals with positive health messages throughout Banyule in important community spaces.
- ▶ We supported the delivery of workshops to parents and professionals about reducing the harms of vaping for young people.



Equal Opportunities 18-

- ▶ During the month of Ramadan, we partnered with Himilo to deliver a Somali-Australian futsal tournament to provide recreational opportunities for Somali-Australian young people to socialise and get active in their community.
- ▶ Youth Services hosted intergenerational events for the Somali-Australian community to provide opportunities for young Somali-Australians to connect to their heritage and culture.
- ▶ We have regularly shared service information and resources for Somali-Australian young people on our SALDHIG social media pages.



Equal Opportunities 18+

- ▶ We delivered a number of recreational events for the Somali-Australian community, including a culturally and linguistically diverse boxing session and women's only slide nights. We also supported the delivery of a culturally appropriate version of *Tuning into Teens*, a program that upskills parents on supporting their young person's mental health.
- ▶ We partnered with Himilo Community Connect to deliver a job skills workshop that provided Somali-Australians with one-on-one employment support.



Cultural Inclusion

- ▶ We included cultural representation at our events, including having a traditional First Nations performance at YouthFest, an African drumming workshop, First Nations art activities and a Saldhig tent with Somali-Australian delicacies.
- ▶ To highlight culturally diverse young people, we delivered a social media campaign that shared cultural stories of diverse young people embracing culture and informed others about important aspects of their identity.



Mental Health

- ▶ Youth Services delivered a community movie screening in partnership with Watsonia Neighbourhood house to provide opportunity for socialisation and connection.
- ▶ We launched our new sensory support space, The Nest, at Youth Fest 2023. It was a hub for mindful, relaxed activity for those needing some down time from the festivities.
- ▶ We provided a number of recreational activities throughout the year for young people to come together and spend time with new and existing friends. This included plant and wellbeing workshops, slide nights, and dance workshops.



Climate Change

- ▶ To empower young people with the skills to advocate and enact change around climate, we partnered with Eco Warriors to deliver an environmental advocacy workshop.
- ▶ Throughout our school holiday events, we delivered a number of eco-friendly activities, including an upcycling clothes workshop that taught young people how to upcycle and extend the life of their clothes. It included a free clothes swap, which diverted a large amount of clothing from landfill.
- ▶ Youth Services ran a number of social media campaigns that shared information on climate anxiety, green washing and reducing your carbon footprint.

More information:

To find out more and to see videos from both the Summit and Report Card events please visit banyuleyouth.com or contact Banyule Youth Services for more information.

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